

Thinking of you

🕄 Electrolux



A great oven in a small space. Everything you need for steaming, baking, roasting or grilling.



Technical data		
Voltage Frequency Phases	230 V 50 Hz 1N	
Power (kW)	2,2 kW	
Dimensions (wxdxh)	350x560x465 mm	

- Compact, easy to use, steam convection oven ideal for quick service, bars, cafés and small restaurants
- Prepare breakfast, lunch, dinner and even desserts
- Extremely versatile due to its many functions (max. steam, low temperature steam, convection and combined steam/convection)
- **Easily disassemble** internal parts for cleaning
- **Safety guaranteed** thanks to the self-balanced oven door
- No need for a special water connection
- Just plug it in, fill the storage tank with water and off it goes wherever you want



Water storage tank

Creative, versatile and professional. A perfect recipe every time thanks to the wide range of accessories.



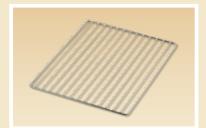
Plain container



Perforated container



Non-stick baking plate



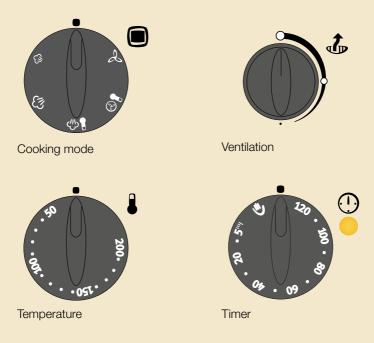


Wire grid



### Simple and easy to use control panel

With the Electrolux Mini Combi Oven you only have 4 settings to worry about:





**Max steam** - a rapid method of cooking suitable for foods normally cooked in water

- Steam temperature is above 98°C
- Perfect results: foods conserve vitamins as well as shape and colour
- Ideal for all vegetables and potatoes



**Rabbit Fillet Salad** 



Low steam - for slow even cooking

- Steam temperature is around 85°C
- Protect your dishes while conserving minerals and vitamins as well as taste, form and colour.
- Ideal for fish, warming meat dishes and heating vacuum packed products



Broccoli Torte





# Combi cooking - a combination of hot air and

steam, an intelligent way of cooking

- An intense flow of hot air and steam seals-in flavour and keeps weight loss to a minimum
- Conserve vitamins and minerals without altering taste
- Ideal for fish, vegetables and meats





Salmon Medallions

Convection cooking - the best method for

roasting all types of foods

- A perfect result every time without the risk of burning thanks to the integrated ventilation
- Cook everything from fish fillets, meats and vegetables to desserts and biscuits





Cooling - cook a variety of foods quickly, no time wasted cooling the oven

- Uses only the integrated fan for rapid cooling
- Ideal when having to change from roasting meats to heating sensitive foods such as fish or vegetables





#### **Harlequin Squid** Serves 4

Ingredients

4 medium fresh squid 1/2 eggplant, 1 red pepper 2 zucchini, 1 carrot 1 eqg, 2 slices loaf bread 20 g pinoli, 1/2 garlic clove 1/2 anchovy fillet, fresh basil 1/2 cup extra virgin olive oil, salt, pepper

#### Accessories

Perforated containers

Cut the eggplant, zucchini, carrot and pepper into small cubes

- In a non-stick pan, sauté the garlic in the olive oil until golden brown then add vegetables without over cooking

Slightly salt and let cool

- Add bread (crumbled), egg, adjust salt and pepper and stuff the squid with mixture
- Roll in transparent paper and cook for 25 min. at Max steam

Jacket	Potatoes
Se	enves 6

Ingredients

1/1.5 kg medium potatoes

#### Accessories

Perforated containers

Wash the potatoes and place them on the perforated container

Cook for 35 to 45 min. at Max steam

*Note:* To accompany cheese dishes such as raclettes or fondues

Variation: You can cut them in half. cover them with a little sauce and cook them au gratin

Cooking mode	Ventilation	Water
Max steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	2 and 4	25 min.

Cooking mode	Ventilation	Water
Max steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	2 and 4	35 to 45 min.

# Trout with Vegetables Serves 4

#### **Rabbit Fillet Salad** Serves 4

Ingredients

4 medium trout 100 g potatoes, 100 g tomatoes 100 g eggplant, 100 g zucchini 1 tablespoon chopped shallots olive oil, toasted bread crumbs salt, pepper

#### Accessories

Plain containers

#### Ingredients

500 g rabbit fillets 100 g Tropea onion 200 g mixed greens tomato slices pine nuts, raisins salt, pepper, balsamic vinegar

#### Accessories

Plain containers

- With a knife, remove the central bone of the trout from the back side
- Place the trout in the plain containers
- Spread on top: shallots, vegetables, salt, pepper and baste with oil
- Cook for 15 min. at Max steam and garnish with bread crumbs

Place rabbit fillets in plain containers and cook for 15 min. at Max steam



Cut into slices

Mix salad greens together with other ingredients and serve

Cooking mode	Ventilation	Water
Max steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	1, 3 and 5	15 min.

Cooking mode	Ventilation	Water
Max steam	closed	yes
Temperature °C	Grid level N°	Cooking time
1	2 and 4	15 min.



# Catalan Cream

Ingredients

6 eggs 260 ml milk 260 ml fresh cream 1 vanilla bean 130 g granulated sugar

#### Accessories

Plain containers Ceramic moulds

#### 1 Mix together all ingredients

- 2 Filter mixture and pour into single portion ceramic moulds
- 3 Place moulds on perforated containers and cover with non-stick baking trays
- 4 Cook on Low steam for 20 min.

### Broccoli Torte with Spicy Tomato Sauce

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#### Ingredients

1/2 kg green broccoli, 1/2 cup fresh cream 2 egg whites, 1 egg yolk 1/2 cup grated parmesan cheese 100 g ricotta, salt, pepper for sauce:

cherry tomatoes (in wedges), garlic clove olive oil, pinch of hot paprika or hot red pepper

#### Accessories

Perforated containers Aluminium moulds

- 1 Cut broccoli into flowers and cook on Max steam for 10 min. Let cool
- 2 Beat broccoli, place in container with other ingredients and mix thoroughly
- 3 Fill single portion aluminium moulds, cover with transparent paper and cook on Low steam for 30 min.

4 for sauce: sauté garlic, remove and add cherry tomatoes. Cook until soft, remove, beat and strain, add paprika

5 Cool slightly before serving with spicy sauce

Cooking mode	Ventilation	Water
Low steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	2 and 4	20 min.

Cooking mode	Ventilation	Water
Low steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	2 and 4	30 min.



### **Pike in Cream Sauce**

Serves 4

#### Ingredients

1 pike 1.5 kg 105 ml fresh cream 10 cl white wine 2 chopped shallots tarragon, parsley salt, pepper butter, flour

#### Accessories

Plain containers

#### Basket of Sea Bass Serves 4

Inaredients

600 g sea bass fillets 100 g zucchini 100 g leeks 100 g carrots poppy seeds salt, pepper, olive oil

#### Accessories

Perforated containers

- 1 Mix the fresh cream, white wine, chopped shallots, tarragon, parsley, salt and pepper
- 2 Pour the mixture over the washed and drained pike
- 3 Cook on Low steam for 25 to 30 min.
- 4 After cooked, remove pike and thicken the sauce by heating for a few minutes in a pot with a little butter and flour

- 1 Cut vegetables julienne
- 2 Stuff the fish fillets with the sliced vegetables and fold
- 3 Salt and pepper to taste
- 4 Sprinkle with poppy seeds
- 5 Cook for 15 min. on Low steam and serve

Cooking mode	Ventilation	Water
Cow steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	3	25 to 30 min.

Cooking mode	Ventilation	Water
Low steam	closed	yes
Temperature °C	Grid level N°	Cooking time
/	2 and 4	15 min.



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## Salmon Medallions en Papillote

Ingredients

800 g salmon steaks 8 mussels, 12 clams, 4 razor shells tomatoes, broccoli thyme, basil salt, pepper olive oil

#### Accessories

Perforated containers Transparent baking sheets

Place the salmon in the centre of the transparent baking sheet

- Around the salmon place the shellfish, vegetables and condiments
- Wrap up each single portion and tie 3 closed with a strip of transparent baking paper, like a bundle
- Bake at 180° for 25 min. in Combi mode

**Roast Chicken** Serves 6

#### Ingredients

1 chicken (approx. 1,4 kg) 4 tablespoons oil salt, pepper

#### Accessories

Oven proof dish

- Preheat oven to 200° for 10 min. at Combi setting
- Grease the chicken well
- Add salt and pepper
- Cook at 200° for 50 to 55 min. in Combi mode

Note: for a crispy result, coat the chicken with mustard before cooking

Cooking mode	Ventilation	Water
🖁 🎧 Combi	closed	yes
Temperature °C	Grid level N°	Cooking time
180°	1	25 min.

Cooking mode	Ventilation	Water
Combi	open	yes
Temperature °C	Grid level N°	Cooking time
200°	3	50 to 55 min.

### Rack of Lamb in Potato Crust

Serves 5

#### Ingredients

1 kg rack of lamb 500 g potatoes 100 g mustard salt, pepper olive oil thyme

#### Accessories

Non-stick baking trays

- Brown the rack of lamb in a frying pan for a few seconds on each side
- Salt and pepper to taste
- Once cooled, spread with mustard
- 4 Shred the potatoes; then wrap the rack of lamb with the shredded potatoes, sprinkle with thyme and place on nonstick baking tray
- 5 Bake at 200° for 15 to 20 min. in Combi mode

### **Gratin of Chicory**

Serves 6

#### Ingredients

12 heads of chicory 12 slices of ham 1 litre of milk 80 g flour, 80 g butter salt, pepper, nutmeg 300 g Gruyère cheese

#### Accessories

Perforated containers Plain containers, pot, whisk

- 1 Wash and peel chicory, Max steam for 30 to 35 min. Drain and set aside
- Prepare white sauce; in a pan melt butter, add flour and mix well, then pour in the milk, season with salt, pepper and nutmeg. Cook for several minutes to thicken
- Butter the containers and roll the chicory in the ham, then cover with the white sauce and sprinkle with Gruyère
- Cook at 200° for 25 to 30 min. in Combi mode

Cooking mode	Ventilation	Water	
<mark>මි</mark> Combi	closed	yes	
Temperature °C	Grid level N°	Cooking time	
200°	2 and 4 15 to 2		

Cooking mode	Ventilation	Water	
Combi	open	yes	
Temperature °C	Grid level N°	Cooking time	
200°	2 and 4	25 to 30 min.	



## Almond Biscuits

Ingredients

500 g sweet almonds 25 g bitter almonds 500 g powdered sugar 2/3 egg whites

#### Accessories

Non-stick baking trays

Focaccia 3 trays 600 g each

#### Ingredients

1 kg flour 730 ml milk 20 g granulated sugar 30 g salt 100 g olive oil 50 g yeast

Accessories

Plain containers

- Chop almonds, add sugar and blend, adding egg whites one at a time until thick
- Work paste adding powdered sugar, if necessary, to form a roll (3 cm diameter)
- Cut roll every 4 cm to make biscuits, place on non-stick trays
- Bake in Convection mode for 10 to 15 min. at 200°

- Blend together with Ditomix (mixer): flour, salt, sugar, oil and yeast
- Slowly add milk at medium speed and knead for 15 min. Cover dough with damp cloth and let rise for 30 min. at room temperature
- Bivide dough and spread out into 3 greased plain containers. Baste top with a mixture of oil and water
- 4 Garnish as desired with olives, cherry tomatoes, etc.
- 5 Let rise and bake at 170° for 20 min. in Convection mode

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
170°	2 and 4	20 min.	

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
200°	1, 3 and 5	10 to 15 min.	



### Apple Cakes

15 single portions

#### Ingredients

3 eggs, 150 g granulated sugar 225 g flour "00" 1 envelope baking powder 1 envelope vanilla powder 156 ml heavy cream, 20 g butter shavings 4 apples, peeled, cut into slices (2mm) pinch of salt, grated lemon peel

#### Accessories

Aluminium moulds Non-stick baking trays

Maintain sliced apples in water and lemon

- With Ditomix (mixer), beat eggs together with sugar, add flour, baking powder, vanilla, heavy cream, lemon peel and pinch of salt
- Add apples and pour mixture into greased and floured moulds
- Place moulds on non-stick baking trays and bake in Convection mode, 15 min. at 170°

Cooking mode	Ventilation	Water		
Convection	open	no		
Temperature °C	Grid level N°	Cooking time		
170°	2 and 4	15 min.		

### Crêpes with Ricotta and Spinach

Ingredients

350 g frozen spinach 200 g fresh ricotta, 50 g grated parmesan 1 egg, salt, pepper 1 litre besciamella (white sauce) **for crêpes:** 

5 eggs, 190 g flour "00" ½ litre milk

#### Accessories

Perforated container (for defrosting) Plain container

Defrost spinach on Max steam for a few minutes, then chop and set aside. Strain liquid from ricotta

- Prepare batter for crêpes: in a bowl, sift flour, add a pinch of salt. Whisk together while adding milk slowly in order to obtain a smooth consistency. Cover and let stand a few hours. Cook crêpes on both sides in very hot nonstick pan with a little oil
- Prepare filling: in a bowl, mix ricotta, grated parmesan, egg and spinach. Salt and pepper to taste
- Fill each crêpe, fold and place in greased dish. Top with besciamella and butter. Bake in Convection mode for 30 min. at 180°

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
180°	3	30 min.	



#### Entrecote Serves 5

## Lasagne Bolognese

#### Ingredients

800 g peeled tomatoes 70 g tomato concentrate 120 g finely sliced onions 1 packet of lasagne 1,2 kg minced beef 1 litre milk, 80 g flour 150 g butter + 20 g for the dishes Gruyère 300 g, marjoram, salt, pepper, nutmeg **Accessories** 

Multipurpose dishes

1 pot

- Sauté onions in butter; add peeled tomatoes and tomato concentrate. Simmer 15 min.
- 2 During this time, brown beef with 75 g butter. Then add tomato sauce
- Prepare white cream sauce; in a casserole melt the butter, add flour and mix well; pour in the milk, season with salt, pepper and nutmeg. Cook for several minutes to thicken
- 4 Butter the dishes and pour in a little white sauce, then a layer of lasagne, then tomato sauce and gruyère. Repeat twice more

Bake in Convection mode, 50 to 60 min. at 190°

Cooking mode	Ventilation	Water		
Convection	open	no		
Temperature °C	Grid level N°	Cooking time		
190°	2 and 4	50 to 60 min.		

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
200°	3	30 to 40 min.	

# Ingredients

1 kg joint of beef 2 tablespoons oil salt, pepper thyme, laurel

#### Accessories

Plain container

Preheat oven in Convection mode for 10 min.

Place the roast in the plain container with oil, salt, pepper and herbs



Cook in Convection mode, 30 to 40 min. at 200°



# Red Mullets with Herbs

Serves 4

#### Ingredients

6 red mullets rosemary 2 tablespoons olive oil 50 g bread sticks salt, pepper parsley

#### Accessories

Non-stick baking trays

Remove the bone and clean the mullets

- Grind the bread sticks into coarse pieces, add rosemary and chopped parsley and mix together
- Dip the mullets in the oil and the in the bread mixture until covered
- Salt and pepper to taste
- Place the fillets on the non-stick baking trays and cook in Convection mode for 10 to 15 min. at 180°

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
180°	2 and 4	10 to 15 min.	

### **Stuffed Tomatoes**

Serves 6

#### Ingredients

6 tomatoes 200 g minced meat or sausage 40 g butter, milk 50 g bread (with crusts removed) 1 egg, 1 shallot parsley, salt, pepper bread crumbs

#### Accessories

Oven-proof cookware, Glass dish or plain container

- 1 Take the tops off and empty out the tomatoes, sprinkle with salt, turn over to drain. Leave the bread to swell in the hot milk
- Prepare the stuffing; mix meat or sausage with the egg, chopped parsley and shallot
- Add the soaked bread, salt and pepper and mix well
- Fill the tomatoes with mixture, add shaving of butter and sprinkle with bread crumbs
- Press the tomatoes together tightly in the dish. Cook in Convection mode for 30 min. at 170-180°

Cooking mode	Ventilation	Water	
Convection	open	no	
Temperature °C	Grid level N°	Cooking time	
170 to 180°	1, 3 and 5	30 min.	

Cooking guide

Recipe	Quantity	Ingredients	Cycle	Time	Temp.°C	Accessories
Lasagne	1/1,2 kg	1 kg meat sauce 1½ litres besciamella parmesan cheese	combi	25/30 min.	180°/190°	plain containers
Gnocchi alla Romana	500/800 g	semolina, eggs, parmesan, milk	combi	18/20 min.	170°/180°	plain containers
Crepes with ricotta/spinach	1/1,5 kg	spinach, ricotta, eggs, milk	combi	20/22 min.	180°	plain containers
Sea bass in salt	2x350 g	sea bass, salt, spices	convection	35/40 min.	160°/180°	non-stick trays
Gilthead wrapped and baked	2x350/400 g	gilthead fish, mixed vegetables	combi	35/40 min.	160°/170°	perforated containers
Stuffed squid	500/800 g	squid, bread crumbs	combi	15/18 min.	160°/170°	perforated containers
Shrimp (30/42)	½ kg per tray	thawed	max steam	8/10 min.	100°	perforated containers
Scallops au gratin in shells	6/9 scallops	scallops, bread crumbs, oil	convection	20/25 min.	170°/180°	non-stick trays
Leg of pork with capers	2,5 pieces	leg of pork, vegetables, white wine	convection	1/1½ hrs.	160°/180°	plain containers
Lamb loin with pistachios	1/1,3 kg	lamb, 300g pista- chios, vegetables	convection	1/1½ hrs	150°/160°	plain containers
Eggplant roll with San Daniele ham	3 eggplants	eggplants, cheese, San Daniele ham, parmesan cheese	convection	20/25 min.	150°/160°	plain containers
Pork loin with bread crust	12 loin steaks	pork loin, speck ham, flaked pastry dough	convection vent open	30/35 min.	160°/170°	non-stick trays
Cordon bleu	12/16	thawed	convection vent open	20 min.	200°	non-stick trays
Fish sticks	1,5 kg	thawed	convection vent open	15 min.	200°	non-stick trays
Potato wedges	1 kg per tray	potatoes	max steam	25/30 min.	100°	perforated containers
Zucchini rounds or sticks	1 kg per tray	zucchini	max steam	18 min.	100°	perforated containers
Potatoes and carrots (cubed)	½ kg per tray	potatoes, carrots	max steam	15/18 min.	100°	perforated containers

Recipe	Quantity	Ingredients	Cycle	Time	Temp.°C	Accessories
Peas	½ kg per tray	frozen peas	max steam	15/18 min.	100°	perforated containers
Stuffed tomatoes	10/12 pieces	tomatoes, parmesan, bread crumbs, parsley, ham	convection vent open	25/30 min.	160°/170°	non-stick trays
Roasted potatoes	1 kg per tray 3 trays	potatoes pre-steam for 10 min.	convection vent open	50 min.	200°	plain containers
Cauliflower au gratin	1/1½ kg cauliflower	cauliflower, parmesan, milk, flour, tuna	convection	30/35 min.	150°/160°	plain containers
Potato croquettes	800g per tray 2 trays	pre-fried thawed	convection vent open	12/15 min.	200°	non-stick trays
Hors d'oeuvres flaked pastry	½ kg per tray 2 trays	frozen	convection vent open	12/15 min.	200°	non-stick trays
Stuffed peppers	6 peppers	ground meat, parmesan, bread, eggs, milk	convection	40/45 min.	170°/180°	plain containers
Apple strudel	1,5 kg apples	apples, yogurt, sugar, dry biscuits, flaked pastry dough	convection vent open	40/45 min.	150°/160°	non-stick trays
Almond biscuits	0,5 kg almonds	almonds, sugar, honey	convection vent open	10/15 min.	200°	non-stick trays
Pineapple cake	1 can pineapple	pineapple, eggs, butter, sugar	convection	40/45 min.	160°/170°	wire grids cake pans
Paradise cake	1 can pineapple	flour, eggs, butter, sugar	convection	35/40 min.	160°/170°	wire grids cake pans
Pear and chocolate cake	4 pears 1 kg	pears, sugar, flour	convection	40/45 min.	160°/170°	wire grids cake pans
Sponge cake	2 cakes	flour, eggs, sugar	convection	30/35 min.	180°	wire grids cake pans
Apple cake	2 cakes	apples, flour, eggs, butter, sugar, cream	convection vent open	40/50 min.	150°	wire grids cake pans
Chocolate cakes single portion (16)	8 per tray 2 trays	frozen	convection vent open	12/15 min.	200°	non-stick trays
Muffins (24)	8 per tray 3 trays	flour, butter, sugar, cocoa	convection vent open	20/23 min.	180°	non-stick trays
Croissants (12)	4 per tray 3 trays	frozen pre-raised croissants	convection vent open	20 min.	160°	non-stick trays

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